

# LIVING WITH NO BALANCE...

## *"And Loving It!"*

*A Simple Guide to Thriving  
in a Real World of Life and Work...  
Even as a "Road Warrior"*



**Cindy Novotny**  
*"RADICAL MENTOR"*

*Cindy Novotny is the founder and Managing Partner of Master Connection Associates - A worldwide leader in training and consulting. She is an internationally renowned leader in sales, leadership, and customer service and the American Society of Training and Development recognizes her as one of the most powerful, innovative and passionate speakers in the industry. Cindy has become a "radical mentor" for thousands of executives around the world. Although based in Southern California, Cindy's commitment to success requires traveling some 50 weeks out of the year, yet her business, personal, and family life all thrive despite her maniacally hectic schedule.*

### ***This is her story of success and exciting journeys while Living with No Balance.***

Having a hectic travel schedule is something a lot of people are burdened with. Having a hectic travel schedule and enjoying it to the fullest no matter what are completely different issues. I wrote this entire book during flights, layovers, delays, cancellations, and other "inconveniences" associated with traveling. I have been on countless flights and experienced all of these, but I always have a way to make it into the best situation possible for me. Writing this book started as an easy way to pass some time, then developed into an amazing recollection of experiences and tips I've gathered living a wonderful life with no balance required!

Keep in mind that although I speak of no balance, my life is full of happiness, passion, family, friends and spirit. This is not about running on empty, but rather about living a full life!

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*"A terrific, entertaining and revealing book on "how to do it all" and having fun in the process! Cindy's no nonsense, straight to the point approach, coupled with her powerful skills as a top corporate trainer make "Living With No Balance...and Loving It!" - a must read and enjoy book!"*

**- Leonardo Inghilleri,  
Executive Vice President & Managing Partner, West Paces Consulting**

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*"I love the fast lane, but no one goes faster or has more energy than Cindy Novotny"*  
**- Teemu Selanne, NHL All Star**

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*"The way Cindy lends her passion and energy to the creation of this book is analogous to the way she trains and mentors the global workforce."*

**- Charles Ahlers,  
President, Anaheim/Orange County Visitor and Convention Bureau**

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*"For many years, Cindy was advisor and counsel for our organization. I know that 'Living Life With No Balance...and Loving It' truly exemplifies Cindy's unparalleled passion and endless pursuit of excellence. Truly inspirational!"*

**- Horst Schulze,  
CEO, The West Paces Hotel Group and Founder of The Ritz-Carlton Hotel Company**

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